

Author Bio

Heather Shumaker is a national speaker on early childhood topics who's been writing professionally since 1996. She started writing for radio and her publications include *New York Post*, *Organic Gardening*, *Parenting*, *Pregnancy*, *Huffington Post* and others. She's an advocate for free, unstructured play in homes and schools and the author of two books on renegade parenting: *It's OK to Go Up the Slide* (Tarcher/Penguin Random House, March 2016) and *It's OK Not to Share* (Tarcher/ Penguin, 2012). She's a graduate of Swarthmore College (BA) and University of Wisconsin-Madison (MS) and the mother of two young children. She lives in Traverse City, MI with her family.